

Dear Parent(s) or Guardian(s),

Camp Red Jacket is almost here and we want your child to enjoy every minute. Our goal is to provide fun activities while helping your child learn about diabetes self-management and nutrition. This year we will be using the Cedar Crest College Pool and we will also be taking a field trip on Wednesday morning (information will be sent at a later date). We are committed to providing a safe and fun environment for your child.

In order to help ensure a safe and enjoyable time, please bring the following materials to camp:

- Blood glucose meter with strips and lancets (label kit clearly with your child's full name)
- "Pumpers" should bring: extra batteries, infusion set, reservoir, inserter & supplies for testing ketones
- Insulin, syringes and/or medications that will be needed during the day
- A change of clothing, swimming attire, and a towel
- Sunscreen and a cap or hat
- Sneakers or rubber soled shoes for playing in the gym

Please remember to label **ALL** items with your child's full name. We can not be responsible for other personal items, so please keep items such as Game Boys, MP3 players, etc. at home.

A water bottle, snacks, and lunch will be provided all three days. The main lunch item for each day will be as follows (veggies, fruit, and beverages will be offered as well):

**Tuesday** - Assorted Subs (*Turkey and Cheese, Italian, or Veggie*); **Wednesday** - PB and J Sandwiches, Turkey Sandwiches, or Ham and Cheese Sandwiches; **Thursday** - Assorted Pizza (*Cheese, Veggie, and Pepperoni*)

If your child does not like the lunch food choice or has a food allergy, please feel free to send along a packed lunch with your child's name on the bag. Refrigerated storage will be provided. Don't forget to make sure your child has a healthy breakfast every morning!

**We ask that you complete the following enclosed forms in their entirety and return them in the self-addressed postage paid envelope.** Please note that the camp program is limited to 40 children and registration will be granted on a first-come, first-serve basis. If the paperwork is received and is incomplete or unsigned, it will be returned and your child's registration spot will be forfeited. Any child whose paperwork is received after full registration capacity has been reached will be placed on a waiting list.

- Program registration form
- Glucagon medication form
- Rodale Aquatic Center consent form
- Medical questionnaire
- Daily medication form
- Swimming consent form
- Media release form

We request your permission to administer glucagon by injection in the event of a severe hypoglycemic episode when a child is unable to take oral treatment (please see attached authorization form). We will have a Certified Registered Nurse Practitioner at camp and with the children on the field trip. The Nurse Practitioner can provide medical treatment and coordinate care with a physician. We will also have a minimum of two Registered Nurses and two Registered Dietitians at camp each day.

Parents are welcome to stay with their son/daughter during camp. If you plan to stay and volunteer, please follow the instructions on the enclosed flyer.

Camp registration/check-in will begin at 8:30 a.m. and child pick-up/check-out time is 3:30 p.m. each day. For your convenience, we have also enclosed a map and directions to Cedar Crest College.

If you have any questions, please call Leyna Ortiz at (610) 969-2493 or Shelley DePinto at (610) 969-4796.

Sincerely,

The Camp Red Jacket Staff