

Program Objectives

1. Recognize the common symptoms to accurately diagnose migraines.
2. Identify the appropriate steps in choosing treatments for migraine headaches.
3. Review the criteria, treatment, and risks of chronic daily headaches.
4. Discuss the clinical clues and common causes for headaches focusing on appropriate workup.
5. Explore non-pharmacological treatments for headaches.
6. Analyze difficult and infrequent headaches through case examples.
7. Explain the proper use of triptan medications for migraines, with attention to patient selection and safety.
8. Examine the link between migraines and cardiovascular disease.
9. Describe well-recognized comorbidities associated with migraine patients.
10. Review appropriate treatment of headaches with special attention to the risk and benefit of using opioids.
11. Evaluate the unique clinical situations and circumstances with women and migraines.
12. Discuss the pathophysiology and criteria for cervicogenic headaches.

Faculty List

John Castaldo, MD

Chief of Neurology;
Co-Director of the Headache
Center; Medical Director
of the Neuroscience
Service Line

Gary Clauser, MD

Department of Neurology;
Director of the Headache
Center; MS Center of the
Lehigh Valley

Peter Barbour, MD

Department of Neurology;
Lehigh Valley Headache Center
Physician; Clerkship Director of
Student and Resident Education
in the Division of Neurology;
Director of the Movement
Disorder Center

Soraya Jimenez, MD

Department of Neurology;
Lehigh Valley Headache Center
Physician; Epilepsy Center

Vitaliy Koss, MD

Department of Neurology;
Lehigh Valley Headache
Center Physician

Designation Statement

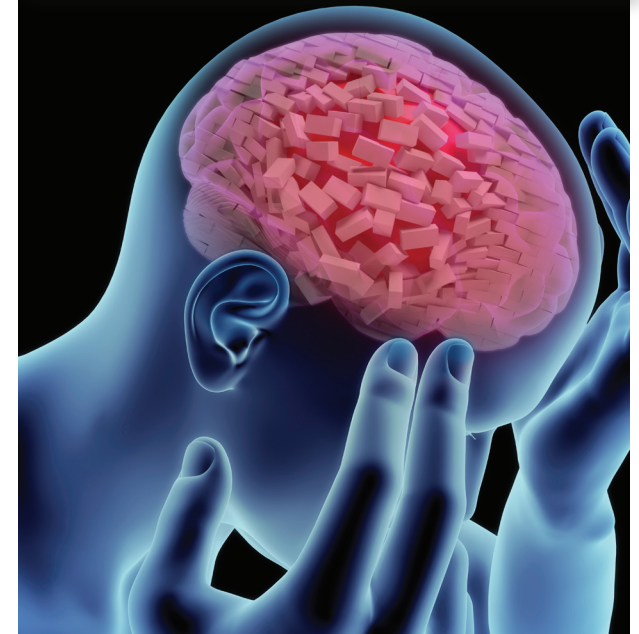
It is Lehigh Valley Health Network's policy to ensure balance, independence, objectivity and scientific rigor in all of our sponsored educational programs. Faculty and all others who have the ability to control the content of continuing education activities sponsored by Lehigh Valley Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Lehigh Valley Health Network is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians. Lehigh Valley Health Network designates this live educational activity for a maximum 2.75 AMA PRA Category 1 Credits™ per night. Physicians should only claim credit commensurate with the extent of their participation in the educational activity.

Lehigh Valley Health Network is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Registered nurses attending the entire program and completing the evaluation tool will receive 2.70 contact hours per night. Approval of this continuing nursing education activity refers to recognition of the educational activity only and does not imply ANCC Commission on Accreditation or PA Nurses approval or endorsement of any product.

6022 - 12/2011

Lehigh Valley Headache Center 3rd Annual Symposium: Enhancing the Treatment of the Headache Patient



Wednesday and Thursday, Feb. 22-23, 2012
5-8:05 p.m.

Lehigh Valley Hospital–Cedar Crest

Kasych Family Pavilion
Medical Imaging of Lehigh Valley
Conference Center, rooms 6 and 7
1200 S. Cedar Crest Blvd.
Allentown, PA 18103

Target Audience

Physicians, physician assistants, nurse practitioners, nurses and other health care providers in primary care, emergency care, and ob/gyn, allergy and asthma

Registration Options

Onsite registrations are welcome, but be prepared to take a little longer at the registration desk when you arrive. Cash or check is the only method of payment acceptable for onsite registration.

Registrations can be made by either calling 610-402-CARE with a credit card or by writing a check payable to Lehigh Valley Health Network.

Payment

Payment must accompany this form. Registration forms received without payment will not be processed until payment is received.

Fees, Cancellations and Substitutions

Registration fee for the conference includes the educational program and any food event listed in this brochure. Refunds will be granted up to one week prior to the conference, minus an administrative fee. After that date no refunds will be granted. Lehigh Valley Health Network reserves the right to substitute faculty listed in this brochure and will provide comparable alternative faculty.

Directions

Lehigh Valley Hospital–Cedar Crest site is located at 1200 S. Cedar Crest Blvd., Allentown, PA 18103. Directions to this site may be found on our website at lvhn.org. Click on the word Locations found on the right side of the screen, and then choose Hospitals and Cedar Crest.

Conference Agenda

Evening I, Feb. 22: Diagnosis and Intervention From Primary Care to Specialist

- 4:30 p.m. Registration and dinner
- 5–5:25 p.m. **Migraine Diagnosis; Include Case Example**
Gary Clauser, MD
- 5:25–5:50 p.m. **Migraine Treatment; Abortives and Preventatives**
Gary Clauser, MD
- 5:50–6 p.m. Break
- 6–6:25 p.m. **Chronic Daily Headache**
Peter Barbour, MD
- 6:25–6:50 p.m. **Secondary Causes of Headaches**
Vitaliy Koss, MD
- 6:50–7 p.m. Break
- 7–7:25 p.m. **Alternative Therapies / Interventions; Botox, Injections, Acupuncture**
Peter Barbour, MD
- 7:25–7:50 p.m. **Headache Types; Case Examples of Other Common Headache Types**
Vitaliy Koss, MD
- 7:50–8:05 p.m. Evaluation

Evening II, Feb. 23: Secondary Considerations When Treating Headaches

- 4:30 p.m. Registration and dinner
- 5–5:25 p.m. **Triptans–Are They Safe for Everyone?**
John Castaldo, MD
- 5:25–5:50 p.m. **Cardiovascular Risk and Migraines; More Than Just a Vessel Spasm!**
Vitaliy Koss, MD
- 5:50–6 p.m. Break
- 6–6:25 p.m. **Migraine Comorbidities; Vertigo, Syncope, Allodynia, Fibromyalgia**
Soraya Jimenez, MD
- 6:25–6:50 p.m. **Opioid Use and Headaches**
John Castaldo, MD
- 6:50–7 p.m. Break
- 7–7:25 p.m. **Women’s Issues in Migraines**
Soraya Jimenez, MD
- 7:25–7:50 p.m. **Cervicogenic Headaches**
John Castaldo, MD
- 7:50–8:05 p.m. Evaluation

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Lehigh Valley Hospital–Cedar Crest, Kasych Family Pavilion
Medical Imaging of Lehigh Valley Educational Conference Center rooms 6 and 7

Registration Deadline: Friday, Feb. 17, 2012

Name _____

Affiliation/Employer _____

If LVHN: User ID _____

If Non-LVHN: E-mail Address _____

Address _____

City/State/Zip _____

Telephone Number (Including Area Code) _____

Please check one:

RN MD/DO SW Pharm Resp

Resident Other _____

Registration Fee: \$ 40 per night

LVHN Employees: \$ 30 per night

Registrations can be made by either calling 610-402-CARE with a credit card or by writing a check payable to Lehigh Valley Health Network and mailing it to:

402 CARE

Lehigh Valley Health Network
2100 Mack Blvd., Allentown, PA 18103

Special Needs

I will need assistance.

Please include me on your CE activity mailing list.

I have special dietary requirements.
