



MARY ROSE MUHR SLEMMER SURVIVOR PLACE

Young Adult Programs for Living After the Cancer Experience

The transition from active cancer treatment to living life after cancer treatment is a positive step that focuses on wellness, quality of life and health promotion. Lehigh Valley Health Network is committed to helping survivors live life after cancer to the fullest through Survivor PLACE (Programs for Living After the Cancer Experience).

What is survivorship care?

Survivor PLACE is designed to help people who have undergone treatment for cancer to live a healthy life. This includes preventing, detecting and treating complications from cancer treatment. Based on the type of cancer for which you have been treated as well as your recovery from treatment, your doctor will determine when you are ready to transition to survivorship care.

Who provides survivorship care?

You will be seen by a team experienced in the care of people with cancer. Your team includes a physician or nurse practitioner, registered nurse, social worker, registered dietitian and rehabilitation therapist, all of whom are specially educated and/or certified in oncology.

What care is provided when you visit Survivor PLACE?

- Review and summary of your cancer treatment
- Identification and management of the effects of cancer and its treatment
- Assessment for recurrence from your cancer
- Review of your medical history and a physical examination
- Recommendations related to nutrition, exercise, bone health, other healthy behaviors
- Recommendations for screening for other cancers
- Personalized cancer survivor care plan

How will your primary care and oncology physicians be involved?

At the completion of your initial visit, both your primary care and your oncology physicians will receive a Cancer Survivor Summary that includes your cancer treatment and your survivor care plan. You will be invited to be seen annually at Survivor PLACE, where your personalized care plan and follow-up recommendations will be updated for both you and your physicians.

Call **610-402-9546** to schedule an appointment or for more information.

Lehigh Valley Health Network, its wholly owned subsidiaries and health care providers comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex or gender identity.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-610-402-8000.

注意：如果您講中文，可以免費獲得語言援助服務。請致電 1-610-402-8000。

