

COMMUNICATION STYLES



[Watch the video lesson](#) and then show what you know

1. Effective communication is important because that is how we let other people know what we want or need.

- a) True b) False

2. Which of these is NOT a common communication style?

- a) aggressive b) passive
c) bossy c) assertive

3. Communicating aggressively may get you what you want or need but it is a very disrespectful way to communicate.

- a) True b) False

4. The most effective way to communicate is passively.

- a) True b) False

5. An assertive communication style allows us to

- a) say no without feeling guilty b) disagree respectfully
c) ask for what you want or need d) all of the above

6. What is NOT a good way to resolve conflict?

- a) stay calm
b) listen fully
c) blame them
d) don't make it personal