

# VAPING (PART ONE)

 [Watch the video lesson](#) and then show what you know

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- 1. Vaping is NOT harmful because you are just breathing in water vapor.**
    - a) True
    - b) False
  - 2. Cancer causing agents and heavy metals such as tin, lead and nickel are found in vape aerosol.**
    - a) True
    - b) False
  - 3. What percentage of vape products contain nicotine?**
    - a) 30.4%
    - b) 98.7%
    - c) 54.6%
  - 4. What is the legal age in Pennsylvania to buy or use a vape product?**
    - a) 16
    - b) 18
    - c) 21
  - 5. Vaping is an effective tool to use to help you stop smoking cigarettes.**
    - a) True
    - b) False

# VAPING (PART TWO)

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**1. What additive is found in vape pods that has been linked to serious lung illness (EVALI)?**

- a) olive oil
- b) vitamin C
- c) vitamin E acetate

**2. How much nicotine does one JUUL pod contain?**

- a) as much nicotine as one pack of cigarettes
- b) as much nicotine as two packs of cigarettes
- c) as much nicotine as three packs of cigarettes

**3. Teens are at a higher risk of becoming addicted to nicotine because their brains are still developing.**

- a) True
- b) False

**4. Which is NOT a sign of nicotine addiction.**

- a) feeling irritable or "moody"
- b) hunger
- c) cravings to use tobacco or vape products

**5. Vaping is considered a "gateway" to cigarette use by teens.**

- a) True
- b) False