# Health Better Care Better Care Cost



# How We're Achieving the 'Triple Aim'



A Passion for Better Medicine defines us at Lehigh Valley Health Network (LVHN). To provide better medicine for you in this new health care era, we must produce three things: better health, better care and better cost. We call our focus on these areas the **Triple Aim**, adopted from the Institute for Healthcare Improvement. The Triple Aim will guide us as we evolve as a health network.

We create **better health** for the people of our community by being accountable for the overall well-being of our entire population. We're expanding the reach of our care to help more people. We're also making it easier for you to find our wellness facilities, and we're continuing our deep commitment to community health.

We provide **better care** by striving to give you an exceptional experience at every touch point within our health network. Our team of more than 13,000 health care professionals works hard to keep you at the center of everything we do. We opened new locations and services to make care more convenient, embraced new approaches to care, and are preparing to launch a user-friendly and transformative electronic medical record.

We achieve **better cost** by embracing the fact that quality care costs less. We are recognized nationally for excellence and innovation. We're investing in tools to identify people who are at risk for developing illnesses. We're also spreading the word about our surgical expertise, which helps you get the right care at the right time.

This report describes the steps taken by LVHN in 2014 to achieve the Triple Aim. Read on and discover how this focus benefits you, your loved ones and our community.

William F. Hecht
Chairman, Board of Trustees

**Brian Nester, DO, MBA, FACOEP**President and chief executive officer

## We are accountable for the overall well-being of our population.

542

Get Out! Lehigh Valley participants

4,040 States Members

14,101
Free flu vaccinations

administered —

41 💸

Providers at Lehigh Valley Physician Group (LYPG)-Hazleton practices

4,216 LVHD Via Marathon participants

7,000 Children who have received

free dental care from Miles of Smiles since 2009

#### **WE ACCOMPLISHED THIS IN 2014 BY:**

- > Completing a merger between LVHN and the Greater Hazleton Health Alliance to expand into the Greater Hazleton area
- > Opening LVHN-One City Center, deepening our commitment to downtown Allentown
- > Adding Health & Wellness Centers that include a fitness center and health services
- Administering free flu vaccines during our annual drive-through flu shot clinics
- > Partnering with our community by:
  - Providing athletic training services to student athletes at 16 local middle schools, high schools and colleges
  - Providing free dental care to children in the Miles of Smiles mobile dental van
  - Supporting Get Out! Lehigh Valley, a healthy outdoor activity program
  - Hosting the LVHN Via Marathon

## We strive to provide an exceptional experience at all our touch points.

## Better 316

#### **WE ACCOMPLISHED THIS IN 2014 BY:**

- > Making care more convenient by opening:
  - LVHN-Tilghman, our first campus dedicated to orthopedic care
  - The Health Center at Bangor, bringing several services to one location for Slate Belt residents
  - New ExpressCARE locations offering care for common illnesses and minor injuries
- > Pioneering new approaches to care, including:
  - Community Care Teams that provide personalized service to high-risk patients
  - OACIS, a palliative medicine program that helps streamline care

- > Transitioning to Epic, a transformational electronic medical record
- > Standardizing LVPG physician practice names in Hazleton to align them with our health network



Testing and imaging locations (includes 45 Health Network Laboratories Patient Service Centers)

1,945,764

LVPG visits (includes LVPG-Hazleton practices)

5 O

43,399

ExpressCARE visits

140+
Practice locations

Health centers

### We embrace quality to lower costs.



#### **WE ACCOMPLISHED THIS IN 2014 BY:**

- > Appearing on U.S. News & World Report's Best Hospitals list in 10 specialties
- > Earning "A" grades from The Leapfrog Group's Hospital Safety Score
- > Getting recertified as a Comprehensive Stroke Center
- > Partnering with Optum Labs to develop tools to identify people at risk for developing a chronic health condition
- > Creating a culture of surgical excellence by showing strength in numbers; we performed 70 percent more surgeries than anyone else in the Lehigh Valley region.

Consecutive years on U.S. News & World Report's Best Hospitals list

100+

Pancreas and liver surgeries (in 2014)

Neurosurgeries (since 2005)

Bariatric surgeries (since 2005)

Patients who received burn care (since 2005)

Cardiac surgeries (since 2005)

Transplant surgeries (program history)

Robotic surgeries (S) (Since 2007)



Pediatric surgeries (since 2005)



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# Experience our online report at LVHN.org/report

- Watch a video showing how LVHN is creating better health, better care and better cost.
- Watch a video explaining how the expertise of our surgical team leads to healthier patients.
- Learn about all our programs and services.
- Review our leadership list.
- Examine our Combined Financial
  Statements and Community
  Benefit Report.



\$41.9 MILLION

Operating income

2.5% Operating margin



\$354 MILLION
Total community benefit

**55,310** H

Acute admissions

190,747 E

2,748,452 Visits to LYHD.org