**ACADEMY’S HIGHEST HONOR |**

**PAUL SIBLEY, DO, SELECTED AS ACADEMY FELLOW**

Paul Sibley, DO, with LVPG Orthopedics and Sports Medicine, was awarded the title of Fellow of the American Osteopathic Academy of Orthopedics. It is the academy’s highest honor and only 10 are reportedly awarded each year.

The designation of Fellow is bestowed upon academy members who have served the academy, their hospital/practice, community and/or certifying board. Fellow members receive points for their experience in leadership positions within the academy as well as other member organizations. They may also receive points for their published research as well as for their role in osteopathic orthopedic education.

Joseph E. Patruno, MD
Medical Staff President

**| FROM THE PRESIDENT |**

**DOCTOR HEAL THYSELF**


This Bible quote is one most of us as clinicians have heard and can interpret in many different ways. On the simplest level the phrase alludes to the readiness and/or ability of physicians to heal sickness in others while often not being able or willing to heal themselves. Today, more than ever, data suggests doctors need to be more conscious of their own health needs.

Examples of how we disregard our own health and wellness include:

- Only 42 percent of physicians have a primary care physician.
- Sixty-five percent of physicians felt unable to take time off from work when ill.
- Twenty-five percent of physicians diagnosed with depression considered getting help, while only 2 percent of this cohort actually sought treatment.
- Eight to 12 percent of physicians develop a substance abuse disorder during their career.
- Forty to 63 percent of physicians report being unhappy with their work-life balance.

Furthermore, based on national data the general state of distress among doctors – as measured by “burnout” – continues to rise. Burnout among doctors has shown to range from 25 to 60 percent, and as high as 75 percent in more recent studies.

It’s become clear that the wellness of clinical providers is complex and multifaceted. Individual, professional and organizational factors all affect our well-being. In fact, it’s been estimated that up to 90 percent of health care-related burnout is actually linked to work or system issues, and therefore in many ways is not under our control. The pressures and requirements of practicing clinical medicine and managing a health system are immense and we the clinicians feel these stressors every day.

Joseph E. Patruno, MD
Medical Staff President

**| TRAINING SCHEDULED |**

**WE NEED YOU … FOR SELECT PROGRAM INTERVIEWERS**

As you likely already know, SELECT is our innovative medical school partnership between the University of South Florida Health Morsani College of Medicine and Lehigh Valley Health Network that emphasizes leadership, emotional intelligence and a culture of teamwork as a pathway to deliver collaborative, compassionate and patient-centered care.

The office of MD admissions is currently recruiting volunteers to become behavioral event interviewers for the 2018-2019 MD admissions season. Interviewers will be trained to evaluate applicants to the SELECT program by identifying competencies in emotional intelligence, leadership and other core SELECT values.

The annual behavior event interview training session will be held on Thursday, Aug. 2, 2018, at the Department of Education. If you are current SELECT faculty or have submitted a faculty appointment application to the office of faculty affairs and would like more information about how to get involved, or to register for the training, please contact Emilie Carlino, SELECT Program Admissions Specialist and Assistant Director SELECT Recruitment, USF Morsani College of Medicine, at Emilie_B.Carlino@LVHN.org.

For questions about how to obtain a faculty appointment, please contact our Medical Education Coordinator, Debra Lamontagne, at 610-402-2569.

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Go to LVHN.org/progressnotes for complete articles.
**SEMINARS, CONFERENCES AND MEETINGS**

**Department of Education Conferences**
Aug. 14; 8 a.m.-3:45 p.m.
**Where:** Muhlenberg College, Seegers Union, Chew Street, Allentown.
**Questions?** Call 610-402-2277, option 1, or visit go.activecalendar.com/LVHN-DOE.

**Pediatric Grand Rounds**
July 10, 17, 24, 31; 8-9 a.m.
**Where:** LVH–Cedar Crest Kasych Family Pavilion ECC Room 6.
**Questions?** Contact Cari Cleffi in the Department of Pediatrics at 484-862-3131.

**FILM AND PANEL**

**‘To Err Is Human’ Screening Scheduled**
“To Err Is Human,” a film showing and panel discussion, will be held Wednesday, July 11, at Lehigh Valley Hospital (LVH)–Cedar Crest, with videoconferencing to LVH–Hazelton, LVH–Schuylkill and LVH–Pocono.

The event begins at 11:30 a.m. with the film showing, followed at 12:45 p.m. by a panel discussion with filmmaker Mike Eisenberg; Matthew McCambridge, MD, Chief Quality and Patient Safety Officer, Lehigh Valley Health Network (LVHN); and Gwenis Browning, RN, Director of Patient Safety, LVHN.

Showings will be at:
- LVH–Cedar Crest in the Auditorium (lunch provided at 11 a.m.)
- LVH–Hazelton in the ETC IS Conference Room
- LVH–Schuylkill in the Wall Auditorium
- LVH–Pocono in Conference Room 2D

**LIBRARY SERVICES**

**Books and eBooks in the Body Family Medical Library**
The Body Family Medical Library has more than 6,600 books and ebooks in its collection. You can access the catalog on the library digital home page by clicking on the Books and eBooks button at the top of the page.
- This catalog includes all books and electronic books. Print books are located at three separate branches: Lehigh Valley Hospital (LVH)–Cedar Crest, LVH–Hazelton and LVH–Schuylkill.
- You can search by author, title, subject and /or table of contents.
- You can also browse by category.
- ebooks available for download have “FULL TEXT” after the title.

Visit the digital library website through your site’s Lehigh Valley Health Network intranet:
- LVH–Cedar Crest/17th Street and LVH–Muhlenberg: From the intranet home page, click on FIND FAST then choose Library Services.
- LVH–Hazelton: From the intranet home page, click on Library Services.
- LVH–Schuylkill: From the intranet home page, click on Library Services & Patient Ed.
- LVH–Pocono: From the intranet home page, click on Library Services & Patient Ed.

**SUPPORT FOR EDUCATION**

**Scholarships Awarded for Allied Health Education**
The Lehigh Valley Health Network (LVHN) Advanced Practice Clinician Executive Council has announced recipients of scholarships offered through the Mabel W. Riker Memorial Endowment Fund and the Margaret E. Berger Endowment for Allied Health Education Fund.
- **Kelly Keifer,** an LVHN patient services representative, was awarded a $6,000 scholarship through the Riker Fund. She is studying to be a social worker at Cedar Crest College.
- **Ira Patel,** daughter of LVHN employee Sonal Patel, earned a $1,000 scholarship through the Berger Fund. She is studying to be a physician assistant at DeSales University.
- **Corrine Rikli,** a registered nurse at LVHN, earned a $6,000 scholarship through the Riker Fund. She is studying to be a nurse practitioner at Thomas Jefferson University.
- **Julie Seagreaves,** a CT tech at LVHN, earned a $1,000 scholarship through the Berger Fund. She is studying for a bachelor’s degree in radiology at Adventist University Health Care.

**CONTINUES THROUGH OCTOBER**

**APC Skills Workshop Series**
The Lehigh Valley Health Network Department of Education invites network advanced practice clinicians to the following workshops:
- **Orthopedic Skills: Splinting Basics** – Tuesday, July 10, 2018, 3 to 5 p.m.
- **Basic Suturing Techniques** – Tuesday, July 10, 2018, 5:30 to 7:30 p.m.
- **Heart Murmur and Harvey the Cardio pulmona ry Patient Simulator** – Tuesday, Aug. 14, 2018, 5 to 7 p.m.
- **Basics of Cardiology: EKGs** – Tuesday, Oct. 9, 2018, 5 to 7 p.m.